



AFTER TASTE

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- Description:** Phrased ABCD dance 96 counts total, Advanced level.
- Music:** Taste - 5 After Midnight (3.10mins) - approx 120bpm. [iTunes link](#)
- Count In:** Dance begins 16 counts from start of track, begin dancing on lyrics.
- Notes:** **PHRASING A, B, C (x2) D, A, B, C (x2), D, A, A, TAG, D, D**
A special thank you goes to my friend Liam (Pot Of Gold) Hrycan for suggesting this track.
- Videos:** DEMO: www.vimeo.com/learnlinedance/AfterTasteDemo
TEACH: www.vimeo.com/learnlinedance/AfterTaste

Section	Footwork	End Facing
A 1-8	R Kick ball step L (releve), R fwd, 1/4 L sway, hold, R sway, 1/4 L	
1&2	Kick R forward [1]. Step ball of R in place [&]. Step L forward in relevé (raised on L ball) [2]	12.00
3 4	Hold (still in releve on L ball) [3]. Step R forward with R knee slightly bent like a lunge [4]	12.00
5 6	Make 1/4 turn left transferring weight L as you sway upper body left [5]. Hold [6]	9.00
7 8	Transfer weight R as you sway upper body right [7]. Make 1/4 turn left transferring weight L [8]	6.00
A 9-16	1/4 L stepping R side, L behind, 1/4 L stepping R back, L heel, L push (or camel), R push (or camel), L fwd, R fwd	
1 2	Make 1/4 turn left stepping R to right side [1]. Cross L behind R [2].	3.00
3 4	Make 1/4 turn left stepping R back [3]. Touch L heel forward [4]	12.00
5 6	<i>Option 1:</i> Push L ball in place (lowering heel) as you slide R back [5]. Push R ball in place (lowering heel) as you slide L back [6] <i>Option 2:</i> Step L in place as you pop R knee forward [5]. Step R in place as you pop L knee forward [6]	12.00
7 8	Step L forward [7]. Step R forward [8]	12.00
A 17-24	L fwd, full spiral turn right, R fwd sweeping L, weave: L cross, R side, L behind, R side (option to do knee pops/camel walk)	
1 2 3	Step L forward (prepping upper body to left) [1]. Make full spiral turn right (weight remains L) [2,3]	12.00
4	Step R forward as you sweep L (strong sweep) [4]	12.00
5 6 7 8	Cross L over R (<i>pop R knee</i>) [5]. Step R to right side (<i>pop L knee</i>) [6]. Cross L behind R (<i>pop R knee</i>) [7]. Step R to right side (<i>pop L knee</i>) [8]	12.00
A 25-32	L cross rock, L side, R cross, unwind 1/2 turn L, V step with "rain" arm styling.	
1 2&3 4	Cross rock L over R [1]. Recover weight R [2]. Step L to L side [&]. Cross R over L [3]. Unwind 1/2 turn left (weight ends L) [4]	6.00
5 6 7 8	Step R to right diagonal [5]. Step L to left side [6]. Step R back [7]. Step L next to R [8] <i>Styling: As you do the V-step take both arms up (palms facing towards you) and sprinkle fingers bringing hands down for the lyrics "Rain Rain"</i>	6.00
B 1-8	Diagonal Slides (step touch) to each corner R-L-R-L	
1 2	Step R to right diagonal (towards 7.30 <i>body is facing 4.30</i>) [1]. Touch L next to R [2].	4.30
3 4	Make 1/2 turn left as you step L to left diagonal (towards 10.30 <i>body is facing 1.30</i>) [3]. Touch R next to L [4]	1.30
5 6	Step R to right diagonal (towards 1.30 <i>body is facing 10.30</i>) [5]. Touch L next to R [6]	10.30
7 8	Make 1/2 turn left as you step L to left diagonal (towards 4.30 <i>body is facing 7.30</i>) [7]. Touch R next to L (<i>square up to 6.00</i>) [8]	6.00
B 9-16	Skate R-L, rolling vine R into body roll R, L side, R behind	
1 2	Skate R to right [1]. Skate L to left as you prep upper body left [2].	6.00
3 4	Make 1/4 turn right stepping R forward [3]. Make 1/2 turn right stepping L back [4].	3.00
5 6	Make 1/4 turn right stepping R to side (start body roll to right) [5]. Hold (continue body roll) [6].	6.00
7 8	Step L in place [7]. Cross R behind L [8]	6.00

Section	Footwork	End Facing
C 1-8	L side, R touch, R side, L touch, Step L back, R back, L back (big step), Hold	
1 2	Step L to left side [1]. Touch R next to L [2]. <i>Styling: Take L arm out to left side [1]. Pull L hand in leading with elbow [2]</i>	6.00
3 4	Step R to right side [3]. Touch L next to R [4]. <i>Styling: Take R arm out to right side [3]. Pull R hand in leading with elbow [4]</i>	6.00
5 6	Step L back (and slightly to left side) [5]. Step R back (and slightly to right side) [6]	6.00
7 8	Take big step back L [7]. Hold as you drag R towards L (weight remains L) [8]	6.00
C 9-16	R ball, L cross, R side rock (with chest pops), R behind, 1/4 turn L, R side rock (with chest pops), R behind	
& 1	Step ball of R to right side [&]. Cross L over R [1]	6.00
2 3	Rock R to right side [2]. Recover weight L [3] <i>Styling: Do 2 chest pops on counts 2,3 (there is a breathing sound in music)</i>	6.00
4 5	Cross R behind L [4]. Make 1/4 turn left stepping L forward	3.00
6 7	Rock R to right side [6]. Recover weight L [7] <i>Styling: Do 2 chest pops on counts 6,7 (there is a breathing sound in music)</i>	3.00
8	Cross R behind L [8]	3.00
NOTE	You will always do Part C twice meaning you will end facing 12.00 ready to do Part D	
D 1-8	L side, R close hitching L, L side, R close, 3 points (with finger) R-L-R. 2 x ball changes in place	
1 2	<i>(Angle body to 10.30)</i> Step L to left side [1]. Step R next to L as you hitch L knee [2].	10.30
3 4	Step L to left side [3]. Step R next to L as you square up to 12.00 [4]	12.00
5 & 6	Point R finger (and arm) up to right diagonal [5]. Point L finger (and arm) out to left side [&]. Point R finger (and arm) down to right diagonal	12.00
& 7 & 8	Rock back on R ball [&]. Recover/Step L in place [7]. Rock back on R ball [&]. Recover/Step L in place	12.00
D 9-16	1/2 turn right swiveling heels R then L, Walk fwd R-L-R, "Slap slap, clap, slap slap, snap snap" with side steps L, R flick	
& 1	<i>Making 1/2 turn right:</i> Swivel R heel in towards L (drop R heel down, feet are now heels together) [&]. Swivel L heel to left (drop L heel taking weight L, option to hitch R knee) [1]	6.00
2 3 4	Step R forward [2]. Step L forward [3]. Step R forward [4]	6.00
5 & 6	Step L to left side as you slap/swipe hands back on thighs [5]. Swipe/slap hands forward on thighs [&]. Step R next to L as you clap hands [6]	6.00
& 7	Slap front of R thigh with R hand [&]. Slap front of L thigh with L hand as you step L to left side [7]	6.00
& 8	Snap/click fingers of right to right side [&]. Snap/click fingers of left to left side as you flick R foot up behind L [8]	6.00
D 17-24	R side (flick L back), L cross, R side, R close, V-step on heels, L heel, L close, R heel, R close	
1 2	Step R to right side as you flick L foot back [1]. Cross L over R [2]	6.00
3 4	Step/Push R out to right side [3]. Step R next to L [4]	6.00
5 &	Step diagonally forward on L heel [5]. Step diagonally forward on R heel (shoulder width apart from L) [&]	6.00
6 &	Step L back [6]. Step R next to L [&]	6.00
7 &	Touch L heel forward (<i>styling option: brush L shoulder with R hand</i>) [7]. Step L next to R [&]	6.00
8 &	Touch R heel forward (<i>styling option: brush R shoulder with L hand</i>) [8]. Step R next to L [&]	6.00
D 25-32	L fwd, 1/2 turn R bouncing heels 3x, 2 syncopated lock steps forward, L fwd.	
1 2 3 4	Step L forward [1]. Make 1/2 turn right bouncing both heels 3 times (weight ends R) [2, 3, 4]	12.00
5 & 6	Step L to left diagonal [5]. Lock R behind L [&]. Step L to left diagonal [6]	12.00
& 7 & 8	Step R to right diagonal [&]. Lock L behind R [7]. Step R to right diagonal [&]. Step L forward [8]	12.00
NOTE	After the tag you do part D twice, in order to start part D on L foot you need to change the last count of D25-32, instead of stepping L forward on count 8 you will touch L next to R.	
TAG	After doing A twice you will finish the end of A (V step) facing 12.00, add the following 4 count tag and then start part D	
1 2 3 4	Step R to right side [1] Hold (<i>option to take arms up out to each side</i>) [2,3,4]	12.00